



**ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)**  
Accredited by NAAC at A<sup>+</sup> with CGPA 3.42 (Third Cycle)  
Palayamkottai – 627 002

**REPORT ON AN AWARENESS PROGRAMME ON THE THEME “FIRST AID AND EMERGENCY CARE” ON 13.03.2025**



**ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)**

ACCREDITED WITH 'A+' GRADE BY NAAC WITH 3.42 CGPA (THIRD CYCLE)  
AFFILIATED TO TAMILNADU TEACHERS EDUCATION UNIVERSITY, CHENNAI  
PALAYAMKOTTAI, TIRUNELVELI – 627 002

**YOUTH RED CROSS COMMITTEE**

**ORGANIZES**

**AN AWARENESS PROGRAMME ON**

**FIRST AID AND EMERGENCY CARE**

**13.03.2025 @ 2.00 PM**

**RESOURCE PERSON**

**REV. SR. A. AMALA JULIE, ICM**  
FIRST AID TRAINER,  
OUR LADY HOSPITAL  
PALAYAMKOTTAI, TIRUNELVELI

**ORGANIZING COMMITTEE**

**REV. SR. A. MARY SELASTINA, ICM**  
SECRETARY

**REV. SR. DR. L. VASANTHI MEDONA, ICM**  
PRINCIPAL

**DR. S. JOSEPHINE**  
DIRECTOR OF PHYSICAL EDUCATION

**MRS. E. MICHAEL JEYA PRIYA**  
ASST. PROFESSOR OF BIOLOGICAL SCIENCE

**MRS. J. RAWOOFU NISHA**  
ASST. PROFESSOR OF EDUCATION



**Tirunelveli, Tamil Nadu, India**

19-I, High Ground Road, Palayamkottai, South Mutharamman Kovil Street, Palayamkottai, Tirunelveli, Tamil Nadu 627002, India  
Lat 8.719466° Long 77.73438°  
13/03/2025 02:15 PM GMT +05:30



Google



**Tirunelveli, Tamil Nadu, India**

19-I, High Ground Road, Palayamkottai, South Mutharamman Kovil Street, Palayamkottai, Tirunelveli, Tamil Nadu 627002, India  
Lat 8.719388° Long 77.734421°  
13/03/2025 02:49 PM GMT +05:30



Google



**ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)**  
**Accredited by NAAC at A<sup>+</sup> with CGPA 3.42 (Third Cycle)**  
**Palayamkottai – 627 002**

**REPORT ON AN AWARENESS PROGRAMME ON THE THEME “FIRST AID AND EMERGENCY CARE” ON 13.03.2025**

**RATIONALE:**

First aid and emergency care are crucial life-saving skills that everyone should possess. In critical situations, immediate response can prevent injuries from worsening, reduce recovery time, and even save lives. Understanding basic first aid techniques, such as CPR, wound care, and managing fractures, empowers individuals to act confidently in emergencies. Moreover, timely medical intervention can provide crucial support before professional help arrives. This awareness program equips participants with essential knowledge to handle unexpected health crises effectively, fostering a safer and more responsible community.

**REPORT:**

The Youth Red Cross Committee of St. Ignatius College of Education (Autonomous), Palayamkottai, organized an Awareness Programme on First Aid and Emergency Care on 13.03.2025 at 2.00 PM. The session was conducted by Rev.Sr.A.Amala Julie, ICM, First Aid Trainer, Our Lady Hospital, Palayamkottai, along with Rev. Sr. Arul, Training Nurse. The resource persons provided insightful training on handling medical emergencies and demonstrated essential first aid techniques for various life-saving situations. They explained how to manage injuries, perform CPR, and administer first aid for burns, fractures, and choking incidents. A hands-on demonstration of different bandaging techniques was also conducted to help participants understand the correct methods of wound care and immobilization. The programme was highly informative and interactive, equipping participants with practical knowledge to respond effectively to emergencies. The initiative emphasized the importance of first aid skills in ensuring safety and immediate care in critical situations.

**OUTCOME:**

This Programme successfully equipped participants with essential life-saving skills. Through interactive demonstrations, attendees learned crucial first aid techniques, including CPR, choking relief, wound care, and fracture management. The hands-on training in bandaging methods further enhanced their ability to handle injuries effectively.

**ORGANIZING SECRETARIES**

1. *Josephine S*
2. *Beata*

*S.S. Vasanthi Medhany*  
**PRINCIPAL**  
**ST. IGNATIUS COLLEGE OF EDUCATION**  
**(AUTONOMOUS)**  
**PALAYAMKOTTAI - 627 002**